What is claimed as new and what is desired to secure by Letters Patent of the United States is:

1. A system for adjusting the position of a mattress and comprising:

an air mattress having front and rear portions and being removable positionable between a bed mattress and a box spring, said air mattress including a cavity and being adaptable for receiving air therein and for causing a bed mattress to tilt upwardly at said front portion;

a weight member connected to said air mattress and for assisting to deflate same as needed by a user, said weight member being disposed adjacent said front portion of said air mattress; and

pump means for selectively inflating and deflating said air mattress and being connected to said front end thereof.

2. The system of claim 1, wherein said pump means comprises:

a control panel including a plurality of control buttons extending upwardly therefrom; and

an air pump connected to said control panel and said air mattress and for causing air to selectively enter or exit same, said air pump including a power cord for connecting to a power outlet and being selectively operable by said plurality of control buttons.

3. The system of claim 2, wherein said control panel further comprises a release valve for allowing an operator to deflate said air mattress during a power outage.

4. The system of claim 1, wherein said weight member has a generally rectangular shape.

5. The system of claim 1, wherein said air mattress includes an inner layer with said weight member being securely attached thereto.

6. A system for adjusting the position of a mattress and comprising:

an air mattress having front and rear portions and being removable positionable between a bed mattress and a box spring, said air mattress including a cavity and being adaptable for receiving air therein and for causing a bed mattress to tilt upwardly at said front portion;

a weight member connected to said air mattress and for assisting to deflate same as needed by a user, said weight member being disposed adjacent said front portion of said air mattress; and

pump means for selectively inflating and deflating said air mattress and being connected to said front end thereof, said pump means including

a control panel including a plurality of control buttons extending upwardly therefrom, and

an air pump connected to said control panel and said air mattress and for causing air to selectively enter or exit same, said air pump including a power cord for connecting to a power outlet and being selectively operable by said plurality of control buttons.

7. The system of claim 6, wherein said control panel further comprises a release valve for allowing an operator to deflate said air mattress during a power outage.

8. The system of claim 6, wherein said weight member has a generally rectangular shape.

9. The system of claim 6, wherein said air mattress includes an inner layer with said weight member being securely attached thereto.

10. A system for adjusting the position of a mattress and comprising:

an air mattress having front and rear portions and being removable positionable between a bed mattress and a box spring, said air mattress including a cavity and being adaptable for receiving air therein and for causing a bed mattress to tilt upwardly at said front portion;

a weight member connected to said air mattress and for assisting to deflate same as needed by a user, said weight member being disposed adjacent said front portion of said air mattress; and

pump means for selectively inflating and deflating said air mattress and being connected to said front end thereof, said pump means including

a control panel including a plurality of control buttons extending upwardly therefrom, said control panel further including a release valve for allowing an operator to deflate said air mattress during a power outage, and

an air pump connected to said control panel and said air mattress and for causing air to selectively enter or exit same, said air pump including a power cord for connecting to a power outlet and being selectively operable by said plurality of control buttons.

11. The system of claim 10, wherein said weight member has a generally rectangular shape.

12. The system of claim 10, wherein said air mattress includes an inner layer with said weight member being securely attached thereto.